

# PARTNER ASSAULT RESPONSE PROGRAMS

Where to go when you're looking for help

The Partner Assault Response (PAR) program is a 12-week court-mandated program for adults who have been charged with domestic violence and ordered to attend the program. The goal is to increase offenders' understanding of domestic violence and abuse, and to teach them how to have healthy relationships.

PAR programs also support victims/partners by helping them feel less alone and giving them information to make decisions about their safety and relationship with the offender.

Fifty-three agencies in Ontario offer PAR programs, 10 of which are in the GTA. The PAR referral team at the John Howard Society of Toronto is responsible for completing clients' intake at court, once the Crown Attorney has given them a list of people eligible for the program. The team meets with clients and completes the intake. Clients can then choose an agency based on their circumstances, such as work schedule, location, language and cultural needs.

Note: Other private partner assault programs may describe their services as "usually approved" by the courts or as "not accredited," which means that they have likely not been approved by the Ministry of the Attorney General. These programs may offer counselling services, but they can be expensive and may not offer services for the victim (such as safety planning, links to community resources and other support or information about the offender's attendance at a Ministry-approved program).

*For information about anger management, see the separate resource sheet on this specific topic.*

## PAR Programs in Toronto

### Abrigo Centre

1645 Dufferin Street, Toronto

<https://abrigo.ca/partner-assault-response-program>

Tel.: 416-534-3434

[info@abrigo.ca](mailto:info@abrigo.ca)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict; support for victims/partners, including safety planning, referrals to community resources, information on offender's progress

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If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please email the information to us at [access.resources@camh.ca](mailto:access.resources@camh.ca).

*This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.*

**camh**

**Eligibility:** Focus on Portuguese-speaking communities; offenders age 18+ ordered by the court to attend in response to a criminal charge involving domestic violence; must live in Toronto, with a focus on the Davenport neighbourhood

**Fee:** Based on a sliding scale

**Referral:** Call to schedule an intake/assessment meeting

## Community Family Services of Ontario

4051 Gordon Baker Road, Unit A, Toronto

<https://cfso.care/counselling-psychotherapy-family-services>

Tel.: 416 979-2743

[info@cfso.care](mailto:info@cfso.care)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict, victim/partner support providing safety planning, referrals to community resources and information on the offender's progress; group counselling available in Cantonese, Mandarin and Vietnamese

**Eligibility:** Offenders age 18+ ordered by court to attend in response to a criminal charge involving domestic violence' must live in, work in or attend school in the GTA

**Fee:** Based on a sliding scale

**Referral:** Required from specialized Domestic Violence Courts or probation officer; call to schedule an intake/assessment meeting

## Counterpoint Counselling and Educational Cooperative

920 Yonge Street, Suite 605, Toronto

<https://counterpoint.coop/mens-programs>

Tel.: 416 920-0268

[info@counterpoint.coop](mailto:info@counterpoint.coop)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict; support for victims/partners, including safety planning, referrals to community resources, information on offender's progress

**Eligibility:** Offenders age 18+ ordered by court to attend in response to a criminal charge involving domestic violence' must live in the GTA

**Fee:** Based on a sliding scale

**Referral:** Call to schedule an intake/assessment meeting

## Elizabeth Fry Toronto

215 Wellesley Street East, Toronto

[www.efrytoronto.org/programs-services/court-diversion-program](http://www.efrytoronto.org/programs-services/court-diversion-program)

Tel.: 416 924-3708

[info@efrytoronto.org](mailto:info@efrytoronto.org)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict; support for victims/partners, including safety planning, referrals to community resources, information on offender's progress

**Eligibility:** Offenders age 18+ ordered by court to attend in response to a criminal charge involving domestic violence' must live in the GTA

**Fee:** Based on a sliding scale

**Referral:** Call to schedule an intake/assessment meeting

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## Family Service Toronto

355 Church Street, 3rd floor, Toronto

<https://familyservicetoronto.org/our-services/programs-and-services/partner-assault-response/>

Tel.: 416 595-9618

[sau@familyservicetoronto.org](mailto:sau@familyservicetoronto.org)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict; support for victims/partners, including safety planning, referrals to community resources, information on offender's progress

**Eligibility:** Offenders age 18+ ordered by court to attend in response to a criminal charge involving domestic violence' must live in, work in or attend school in the GTA

**Fee:** Based on a sliding scale

**Referral:** Call to schedule an intake/assessment meeting

## John Howard Society of Toronto

1669 Eglinton Avenue West, Toronto

<https://johnhoward.on.ca/toronto/services/par-domestic-violence-service/>

Tel.: 416 925-2228

[parreferrals@jhst.ca](mailto:parreferrals@jhst.ca)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict; involves two hours once per week in a group setting; support for victims/partners, including safety planning, referrals to community resources, information on offender's progress; anger management group counselling (does not address domestic violence interventions or treatment)

**Eligibility:** Offenders age 18+ at time of the offence who have been mandated by a court or probation order to attend the program in response to a domestic violence criminal charge

**Fee:** Based on sliding scale (the agency will conduct a financial assessment to determine the fee)

**Referral:** Referred through the court (no self-referrals)

## Polycultural Immigrant & Community Services

27 Roncesvalles Avenue, Suite 407, Toronto

[www.polycultural.org/services/specialized-services](http://www.polycultural.org/services/specialized-services)

Tel.: 416 533-9471

[info@polycultural.org](mailto:info@polycultural.org)

**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict; support for victims/partners, including safety planning, referrals to community resources, information on offender's progress

**Eligibility:** Polish and Russian-speaking offenders age 18+ ordered by court to attend in response to a criminal charge involving domestic violence

**Fee:** Based on a sliding scale

**Referral:** Call to schedule an intake/assessment meeting

## Rexdale Women's Centre

925 Albion Road, Room 309, Toronto

[www.rexdalewomen.org/index.php?cat=programs&content=violence-prevention-and-intervention](http://www.rexdalewomen.org/index.php?cat=programs&content=violence-prevention-and-intervention)

Tel: 416 745-0062 ext. 304

[pdube@rexdalewomen.org](mailto:pdube@rexdalewomen.org)

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**Services:** 12-week group education and counselling program on domestic violence and non-abusive ways of resolving conflict, victim/partner support providing safety planning, referrals to community resources and information on the offender's progress

**Eligibility:** Multicultural men, offenders age 18+ ordered by court to attend in response to a criminal charge involving domestic violence

**Fee:** PAR program fees based on sliding scale

**Referral:** Required from specialized Domestic Violence Courts or probation officer; call to schedule an intake/assessment meeting